

## **Sustainability Report**

We intend to ensure that our Sport Premium funding is spent in the knowledge that it will continue to improve Physical Education, Competitive Sport and Healthy lifestyles in our school; not just for this year but for years to come regardless of additional funding received. Outlined below are the proposed expenditures on the Academic year 2016-2017 and how our spending will be sustainable.

	Physical Education			
Physical Education is education through physical activity; its goal is the development of the individual as				
a whole, not just their physical development or their proficiency in specific sports. A high quality PE programme will develop physical literacy and contribute to the development of a range of important				
cognitive skills such as decision r				
communication and leadership.				
Objectives	Anticipated Impact	How these improvements are		
Employ enecialist Sports Coach to	Measures Continued high quality of	sustainable. Teachers have team-taught with the		
Employ specialist Sports Coach to teach Competitive Sports lessons once a week to all pupils.	teaching and learning in Competitive Sports lessons.  100% of PE lessons judged good to outstanding.	Competitive Sports coach for nearly 2 years now and have gained confidence, knowledge and experience.		
		As a result of employing a specialist Sports Coach, teachers have received intensive coaching in PE and are now fully equipped in applying the extended knowledge they have gained.		
		It is noted that a small contribution from the Sport Premium grant goes towards the salary of the Competitive Sports Coach. This is because the vision of the school places emphasis on delivery of Sporting excellence for the foreseeable future.		
		To ensure succession planning, the Sports Coach is part of a PE Team, which is jointly driven by two other leads for Physical Education. The team is highly effective in its shared ambition for sustainable PE at the school and there are several other teachers who are keen to join the 'Physical Education and Sport Department.'		
		The Competitive Sports coach has a continued positive impact on the entire school – knowledge and assistance to teachers when and where necessary, support with planning, raising the profile of sport in the school (often leading celebrations of such) and organising and transporting children to an increasing number of competitions.		
Continued professional development for teachers in gymnastics and dance.	More confident and competent staff in the teaching of gymnastics and dance.  Increased pupil participation rates in such activities such as dance and gymnastics.	Gymnastics and Dance are delivered by all teachers (not the Competitive Sports Coach). There are however, individual teachers at the school with specialism in Gymnastics and Dance. This enables sharing of skills and best practice, leading to sustainability.		
	Professional development and training provided by school sports-partnerships leads to increased teacher knowledge and understanding.	In addition, strong links have been made with a local secondary school. In 2016-17 a dance secondary teacher provides coaching sessions to our primary teachers by leading weekly dance lessons for pupils.		
		External continuing professional development for all teachers in Gymnastics and Dance will be provided this year, thereby increasing the teachers' confidence in these areas. In-house expertise and continued support from the local secondary school will ensure		

		sustainability in these areas.
Implementation of PE Assessment format using O-Track and End of	Pupil skills improve, monitored and tracked through formative and summative assessment in	Clear assessment ensures clear, progressive planning, gap analysis and highlights children that need to be
Year Expectations document.	PE (via O-track).	supported or extended. This is sustainable as it is now part of the school's
	Progression in PE is evident across the school and use of progression document evident in planning.	Assessment Policy.
Liaise with PE teachers in local	Increase use of specialist	The more secondary schools we are able
secondary schools to increase use	facilities for PE and/or extra- curricular activities.	to liaise with, the more opportunities will be available to Langney. These
of facilities, including school	odinodiai dolivillos.	relationships can be sustained by regularly
sports leaders in KS3 and KS4.	Extra-curricular clubs and/or	attending events organised by various
	workshops run by sports leaders.	schools.
Provide extra, additional activities such as outdoor and adventurous activities.	Outdoor and adventurous activities are taught more regularly on school site; and use	Children will gain valuable life skills from these sessions. Teachers will be supported to plan and teach these
activities.	of the local environment is made.	activities, therefore equipping them with further skills in teaching wider areas of the PE curriculum for this year, and the future.
	Outdoor and adventurous	·
	activities are integral to the school's Physical Education	
	curriculum.	
Introduce new initiatives such as	Year 5 and 6 children undertake	By initially training a Sports Crew,
Developing Young Sports Leaders	training to become 'Sports Crew'.	Langney can continue to have Young Leaders, as the longest standing Crew
in Key Stage 2.	Olew.	members can train new members. This
	Children are engaging as	will ensure the Sports Crew will be
	leaders, coaches and officials.	sustained.



## **Healthy Active Lifestyle**

Healthy behaviours in childhood can set patterns for later life and have a dramatic impact on well-being. It is important to identify children who are the least active, overweight or at risk of obesity; and design them targeted physical activity interventions. Focus on enjoyment, offer or appealing activities including plenty of exercise and promote wider health and well-being messages in a young people centred environment.

Ol. in all	Anticipated Impact	How these improvements and
Objectives	Anticipated Impact	How these improvements are
On the second second	Measures	sustainable.
Continue to increase the range of after-school sporting club provision.	Increased number of sporting extra-curricular clubs at school.  Increased use of specialist sporting facilities to support after school activities.  Increased number of pupils, from all groups, participate in after school clubs.	Increasing after-school opportunities enables children access to a wide range of sports and activities that they may not have previously had access to, therefore creating interest, passion and increasing involvement in physical activity.  Two clubs also run that are specifically aimed at the children considered 'inactive' in the school, therefore increasing participation, and hopefully enthusiasm, for sport and physical activity that may continue throughout their lives.  If required, the extensive range of after school sporting club provision will be
		sustained in the future through increased payment by parents and carers.
Employ specialist teacher (and provide professional development for staff) to lead after-school clubs for disabled pupils and those with special educational needs.	A more inclusive curriculum which inspires and engages all pupils.  Increased participation in after school clubs for disabled pupils and for those with SEND.	Increasing after-school opportunities aimed at children with additional needs enables them to access a wide range of sports and activities that they may not have previously had access to, therefore creating interest, passion and increasing involvement in physical activity that may continue throughout their lives.  The Competitive Sports Coach and other
		leaders will be able to learn from a specialist coach this year, in order to sustain future after school clubs and adapted provision for SEND pupils.
Employ a local coach to provide sport on the school site in the evenings, weekends and school holidays.	Increased range of sporting activities available to children outside of school hours.	Again, increasing opportunities for children during holidays, as well as during term time, enables them to access a wide range of sports and activities that they may not have previously had access to (or as regularly) therefore creating interest, passion and increasing involvement in physical activity that may continue throughout their lives.
		If there is a demand, sport can continue to be provided at weekends/evenings and school holidays through payment by parents and carers.
Continue good practice by identifying 'non-participants' in extra-curricular sport and provide additional activities to encourage	PE programmes are adapted to suit the individual needs of obese pupils.  Monitoring of pupils' weight	Clubs currently run before and after school that are specifically aimed at the children considered 'inactive' in the school, therefore increasing participation, and hopefully enthusiasm, for sport and
additional dollythoo to onloodinge	and lifestyle by school nurse	physical activity that may continue

their immediate and longer term	shows improvement.	throughout their lives.
participation in sport and physical activity.	Interventions in place with a focus on physical activity e.g. early morning breakfast clubs involving physical activity; selfesteem club to encourage overweight pupils to take part in regular exercise.  Home visits in the Early Years	This can be sustained through the school's Pay Policy.
	Foundation Stage provide opportunity to share concerns about pupils' weight and engagement in physical activity.	
	Increased number of activities targeting the least active pupils e.g. Change4Life and Activ8 after school clubs.	
Pay for transport, pool hire and instruction to provide additional swimming lessons for those pupils unable to swim by the end of Year	By the end of Key Stage 2, all pupils achieve age-related expectations in swimming (25m).	Ensuring children are able to swim 25m by the end of year 6 will equip children with the lifelong skill of becoming an able swimmer.
6.		Paying for additional transport, pool hire and instruction for children unable to swim by the end of Year 6 will be sustained through payment by parents in the future and/or the school's budget share as it is statutory.
Increased participation in daily exercise opportunities.	Pupils encouraged to participate in short daily exercise sessions such as 'Take-Ten' or 'Huff and Puff' at playtimes.	Offering daily exercise opportunities will encourage children to lead healthy and active lives, which they will hopefully choose to sustain throughout childhood and adulthood alike.
	Provision of weekly sports challenges at lunchtimes result in increased participation rates.	The encouragement and support offered by staff and peers will give children a boost of confidence and educate them about how to lead healthy lives.
	'Sports Crew' / pupil leaders support in the provision of physical activities at break and lunchtimes.	This activity will be sustainable in future years as it will be internally lead by pupil leaders, "Sports Crew."



## **Competitive School Sport**

Competitive primary school sport should be characterised by a focus on achieving one's 'personal best' rather than being 'the best.' Engage children in personal challenges, allow them to practise and test their skills and personal competence, and gain a sense of how to play and succeed. A good competitive school sport programme includes regular club participation opportunities.

school sport programme includes regular club participation opportunities.		
Objectives	Anticipated Impact	How these improvements are
	Measures	sustainable.
Use house system to enable regular, intra-house sports competitions for pupils of all ages.	Increased number of intra- school Sporting competitions through intra-house teams and School Games Day (Level 1).  Level 1 Intra Schools Sports Card Formats used as a resource for planning intra- house competitions.  https://www.yourschoolgames.	Planning for intra-house competitions can be reused yearly to ensure competition continues.  Sports Leaders will be trained to take part in the planning and running of these events, which they can then train others to do, therefore ensuring this is sustained after this academic year.
Continue to increase attenders at	com/sports/level-1-primary	The more competitions we are able to
Continue to increase attendance at local competitions and tournaments with other schools.	Increased attendance at inter- school competitions (years 3- 6), many of which will be leagues (Level 2).	The more competitions we are able to enter, the more opportunities will be available to Langney. This will be sustained by regularly attending competitions and tournaments we are invited to.
		Furthermore, children will be given further opportunities for competition by moving through various leagues and strands of competition.
		Some children may be given further opportunities to attend outside sporting clubs if scouted, or inspired to join them, through competing in a variety of competitions, therefore sustaining their participation in these sports and increasing competition for Langney.
Competitive Sports Coach to run	Increased number of teams	As above, the more competitions we are
competitions and increase pupils' participation in national school games competitions.	and individuals succeeding to county's School Games Festival. Pupils are encouraged to develop their enjoyment and talent in sport through existing National	able to enter, the more opportunities will be available to Langney. This will be sustained by regularly attending competitions and tournaments we are invited to.
	Governing Bodies' Club and talent pathways (Level 3).	Furthermore, children will be given further opportunities for competition by moving through various leagues and strands of
	Increased number of talented athletes competing in national	competition.
	multi-sport event (Level 4).	Some children may be given further opportunities to attend outside sporting
	http://www.yourschoolgames.c om/about-the-games/levels-of-	clubs if scouted, or inspired to join them, through competing in a variety of
	competition-explained	competitions, therefore sustaining their participation in these sports and increasing competition for Langney.